

To find a licensed clinician (LPHA) in your area:

1. Goto:
www.providerdirectory.magellanassist.com
2. Click "CONTINUE"
3. Next screen, scroll down and find the drop down box that says "1. State You Live In"; scroll down & click on "Iowa." The screen will refresh
4. Scroll down to the drop box that says "2. Health Plan," & choose "Iowa Plan." Click on "CONTINUE"
5. On the next screen, find the drop down box that says "3. Kind of Plan". Select "Iowa Plan." Click on "CONTINUE"
6. Choose between a "Location Search" (a zip code search) or a "Name Search"
7. For "Where in your directory do you want to start":
To search for facilities, agencies and CMHC, select "Hospitals"; to search for individuals or groups select "Providers" and "CONTINUE"
8. Enter a zip code for location search or a provider name for name search.

To speak with Member Services:

1. Call:
515-256-4606
(in the Des Moines metro)
800-338-8366
(outside the Des Moines metro)

To find a Remedial Services provider in your area:

1. Goto:
<https://dw.dhs.iowa.gov/providersearch/>
2. Fill in the "County" or "Metro Area" (leave blank for a complete state-wide list)
3. Beneath "Specialty," enter the "Type" as Remedial Services. Click the Search button

To locate a Home and Community-Based Service (HCBS) Specialist in your area:

1. Goto:
www.dhs.iowa.gov/rts/ContactUs.htm



REMEDIAL SERVICES

For Children & Adolescents
with Mental Health Needs



February 19, 2008

REMEDIAL SERVICES

Children and adolescent services are designed to meet the multiple and changing needs of youth with mental health needs such as ADHD, Adjustment Disorder, Disruptive Behavior Disorder, or other diagnoses.

Providers of Remedial Services assist youth in learning age appropriate ways to manage their behavior or regain self control.

The skill instruction may include:

- conflict resolution
- problem solving
- interpersonal skills
- social skills
- communication skills

Services can also include crisis intervention designed to de-escalate volatile situations which involves the youth's struggle to manage his/her mental health symptoms.

Family assistance includes education and support in coping with the youth's mental health symptoms and management of the youth's behaviors.



Access to services begins with a behavioral health assessment completed by a licensed clinician which may be a psychiatrist, a psychologist, social worker or therapist. The assessment will help determine if remedial services would be beneficial to the child and family. The cost of an assessment is paid for through the Iowa Plan which is part of Medicaid.

The clinician will explain and discuss the assessment results, recommend services, and assist the child and family in finding a remedial service provider.

If you need help finding a clinician to make an assessment, call the Iowa Plan at 1-800-317-3738 or visit the Magellan Health website listed in this brochure.